



Oregon
Psychological
Association

Legislator Meeting Checklist - OPA

Contact your Legislators and ask for an introductory meeting.

At the Meeting:

- Introduce yourself (eg. I am a psychologist who lives and/or practices in their district. I am serving on the legislative committee for the Oregon Psychological Association.)
- Introduce psychology, to the extent necessary (eg. What is psychology. There are three times as many psychologists practicing in Oregon than psychiatrists, approximately 1100. OPA is a professional association with over 700 members statewide.)
- Offer yourself and OPA as a resource to them on issues related to mental health professionals and mental health care in the state and in their district.

After the Meeting:

- Send a thank you note to the legislator for the meeting. Attach it to any follow-up information that they requested, if appropriate.
- Let Damiana know how it went. In particular specific interests that they express in our issues.

Remember, speak from what you know. If they have questions that you don't have the answer to, tell them that you will get it for them. Then ask Beth and I and we will get it for you.

If they ask what our top issues are...

- Prescriptive Authority – Allowing qualified psychologists to prescribe a limited formulary for their patients.
- Adding psychologists as providers who qualify for the rural provider tax credit.
- Allowing psychologists to authorize Individual Education Plans when the diagnosis is within their scope of practice.

Find your legislators – if you don't know who they are

<http://www.leg.state.or.us/writelegsltr/writeset.htm>